



What is my learning style?

# Learning Style Survey

**SUMMARY** Students use a survey to identify their learning style.

**OBJECTIVES** *Students will . . .*

- Discuss what a learning style is.
- Complete a learning styles survey
- Recognize their own learning styles

**PREPARATION** This is an informal approach to learning styles. It should be used as an introduction, not as a diagnostic tool. For more information on applying learning style approaches to teaching and learning, select from the many resources available, including Internet resources.  
Photocopy *Learning Style Survey* (two pages) and *Scoring Procedures* worksheets.

**MATERIALS** *Learning Style Survey* worksheet (two pages)  
*Scoring Procedures* worksheet

**COMPUTER USE** None

**SUBJECT AREAS** Any

**TIME REQUIRED** 45 minutes plus homework

**GROUP SIZE** Class, group, individual

## STEPS

1. Discuss and define general learning style attributes. Discuss how students do homework and the environment in which they work best when completing homework. Ask students to respond to the following two scenes and choose which best describes their style.
  - a) You lie on the floor, with the radio on, munching a snack while you read your English assignment.
  - b) You sit at a desk, in a quiet room to read your English assignment.
2. Brainstorm other learning styles. (See *Scoring Procedures* definitions for learning styles.) You may include discussions about classroom and work settings and how they relate to learning. Discussion of negative learning environments may lead to a better understanding of students' preferred learning environments.

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3. In either a large group or small groups ask students to share how they do homework. Ask students to share their discussion with the large group. (Students could present this through role play or “statues.”)
4. Give students a copy of the *Learning Style Survey* worksheet and ask them to complete the worksheet and be prepared to share what they learned about themselves.
5. Discuss the three learning styles, using the worksheet information. Explain to students that there are different working environments in the workplace; for example, some people prefer to work where there is lots of visual stimulus and activity, others prefer a “hands on” approach. Some prefer written instructions, some like graphic images, others like to listen.
6. Encourage students to practice the recommended approaches for their type of learner and to be aware of their learning style when exploring possible occupations.

## VARIATIONS

1. Invite counselor or other teacher to talk about learning styles with the class.
2. Compile learning style preferences from the activity above and discuss with class whether the classroom meets those needs. Students investigate and identify ways to modify the classroom environment.
3. Invite a School-to-Work teacher or Human Resources manager to talk to the class about the links between learning styles at school and in the workplace.

## ALLIED ACTIVITIES

*I Have Attitudes*  
*Work, Study, and Leisure*  
*Change*  
*What is Work?*  
*Workplaces and Conditions*  
*Using CIS Occupation Sort*  
*Education and Training beyond School*  
*Priorities*  
*What Happens after High School?*

## ASSESSMENT STRATEGIES

Students will:

- Complete the *Learning Style Survey* and be able to describe their optimal learning environment.

## STUDENT WORKSHEETS

*Learning Style Survey*  
*Scoring Procedures*

## PORTFOLIO

*Learning Style Survey* and *Scoring Procedures* worksheets

## CREDITS AND CITATIONS

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## Learning Style Survey

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DISCOVERY & PASSAGE

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## **SORTING**

- ▶ **Subject:** Any
- ▶ **Grade Levels:** 6, 7, 8, 9
- ▶ **CIS Components:** None

## **STANDARDS**

### ***Career-Related Learning Standards:***

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Personal Management, Problem Solving, Employment Foundations, Career Development

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### ***SCANS:***

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Personal Qualities, Thinking Skills

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### ***NCDG:***

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Knowledge of the influence of positive self-concept, Knowledge of the benefits of educational achievement to career opportunities

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### ***ASCA:***

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Academic Development, Career Development, Personal and Social Development

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## **EDUCATIONAL GOALS**

***Bloom's Taxonomy:*** Application

***Intellectual Operation:*** Summarization, Illustration

# Learning Style Survey



Name \_\_\_\_\_ Date \_\_\_\_\_

To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies that will enhance your learning potential. The following survey is a short, quick way of assessing your learning style.

This 24-item survey is not timed. Answer each question as honestly as you can.  
Place a check in the appropriate BOX after each statement.

	OFTEN	SOMETIMES	SELDOM
1. Can remember more about a subject through the lecture method with information, explanations, and discussion.			
2. Prefer information to be written on the chalk-board, with the use of visual aids and assigned readings.			
3. Like to write things down or take notes for visual review.			
4. Prefer to use posters, models, or actual practice and some activities in class.			
5. Require explanations of diagrams, graphs, or visual directions.			
6. Enjoy working with my hands or making things.			
7. Am skillful with and enjoy developing and making graphs and charts.			
8. Can tell if sounds match when presented in pairs of sounds.			
9. Remember best by writing things down several times.			
10. Can understand and follow directions on maps.			
11. Do better at academic subjects by listening to lectures and tapes.			
12. Play with coins or keys in pockets.			
13. Learn to spell better by repeating the words out loud than by writing the word on papers.			
14. Can better understand a news article by reading about it in the paper than by listening to the radio.			
15. Chew gum or snack during studies.			

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	OFTEN	SOMETIMES	SELDOM
16. Feel the best way to remember is to picture it in your head.			
17. Learn spelling by “finger spelling” words.			
18. Would rather listen to a good lecture or speech than read about the same material in a text- book.			
19. Am good at working and solving jigsaw puzzles and mazes.			
20. Grip objects in hands during learning period.			
21. Prefer listening to the news on the radio rather than reading about it in the newspaper.			
22. Obtain information on an interesting subject by reading relevant materials.			
23. Feel very comfortable touching others, hugging, handshaking, etc.			
24. Follow oral directions better than written ones.			

# Scoring Procedures

## for Learning Style Survey



*Place the point value on the line next to the corresponding item. Add the points in each column to obtain the preference scores under each heading.*

OFTEN = 5 POINTS  
 SOMETIMES = 3 POINTS  
 SELDOM = 1 POINT

	VISUAL NO. POINTS		AUDITORY NO. POINTS		TACTILE NO. POINTS
	2 _____		1 _____		4 _____
	3 _____		5 _____		6 _____
	7 _____		8 _____		9 _____
	10 _____		11 _____		12 _____
	14 _____		13 _____		15 _____
	16 _____		18 _____		17 _____
	19 _____		21 _____		20 _____
	22 _____		24 _____		23 _____
	VPS= _____		APS= _____		TPS= _____

VPS = Visual Preference Score    APS = Auditory Preference Score    TPS = Tactile Preference Score

If you are a VISUAL learner, then by all means be sure that you look at all study materials. Use charts, maps, filmstrips, notes, and flashcards. Practice visualizing or picturing words/concepts in your head. Write out everything for frequent and quick visual review.

If you are an AUDITORY learner, then you may wish to use tapes. Tape lectures to help fill in the gaps in your notes. Do listen and take notes, reviewing notes frequently. Sit in the lecture hall or classroom where you can hear well. After you have read something summarize it and recite it aloud.

If you are a TACTILE learner, trace words as you are saying them. Facts that must be learned should be written several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.

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