

ACTIVITIES AND GROUPS TO CONSIDER

Many students gain skills and experience through participating in clubs, groups, and activities during high school. You can document your experiences under the “Activities” and “Achievements” topics in **Résumé Creator**. You will want to reference these when you apply for college, scholarships, and jobs.

SCHOOL ACTIVITY	WHAT YOU LEARN	FOR MORE INFORMATION
<p>Athletics Your school may offer activities such as baseball, cheerleading, soccer, volleyball, track and field, or wrestling.</p>	<p>Many students participate in activities that emphasize teamwork and competition. Through these groups, students are exposed to group dynamics and interact with students and coaches from other schools. Students gain skills in leadership, communication, and teamwork. Some colleges offer scholarships to students involved in these activities.</p>	<p>For complete information on school activities, ask your school counselor.</p> <p>You can find more information from the Oregon School Activity Association (OSAA) at: http://www.osaa.org/. They regulate interscholastic athletics for many schools in Oregon.</p>
<p>Clubs Your school may sponsor student clubs or you may start a student club based on interest or need. Examples of student clubs include toastmasters, academic bowl, computer, religious clubs, language clubs, mock trial, art, theater, honor society, and student council.</p>	<p>Many students participate in clubs that offer the opportunity to learn more about a subject or activity. Through clubs, students are challenged to improve the knowledge and skills that apply to the club’s focus. In addition to club-specific skills, students gain skills in leadership, communication, planning, and reasoning.</p>	<p>For complete information on the clubs at your school or to find out how to start a club, ask your school counselor.</p>
<p>Community Service You may participate in organizations that sponsor volunteer work or you may volunteer on your own. Many community organizations, such as Boy and Girl Scouts, offer volunteer opportunities in your community. Your school may support service learning projects.</p>	<p>Many students engage in community service in order to help their communities. Through these experiences, students are exposed to social service agencies and service organizations and interact with community leaders. Students gain skills in communication, social perception, and problem solving.</p>	<p>For information on community service, ask your school counselor.</p> <p>You can also go to the Oregon Department of Education’s service learning page: http://www.ode.state.or.us/search/results/?id=143.</p>

SCHOOL ACTIVITY	WHAT YOU LEARN	FOR MORE INFORMATION
<p>Interest Your school may offer activities or classes such as yearbook, band, speech, choir, dance, newspaper, radio, or television.</p>	<p>Many students participate in activities that allow them to learn specific communication skills and build their talents. In addition to club-specific skills, students gain skills in leadership, planning, and teamwork. Some colleges offer scholarships to students involved in these activities.</p>	<p>For complete information on school activities, ask your school counselor.</p> <p>You can find more information about statewide music activities from the Oregon School Activity Association (OSAA) at: http://www.osaa.org/. They regulate competition in band and orchestra, choir, dance and drill, and solo music for many schools in Oregon.</p>
<p>Leadership Your school may support one or more of these career and technical student organizations:</p> <ul style="list-style-type: none"> • DECA, An Association of Emerging Leaders & Entrepreneurs • FBLA, Future Business Leaders of America • FCCLA, Family, Career and Community Leaders of America • FFA, Association of Agriculture Education Students • HOSA, Future Health Professionals • SkillsUSA, An Association of Students in Technical, Skilled and Service Studies <p>Your school or community may also have Junior Achievement (JA) available.</p>	<p>Many high schools have leadership organizations that focus on future careers. Through these groups, students are exposed to business ideas and interact with business professionals. Students gain skills in leadership, communication, teamwork and socialization.</p> <p>Some student leadership organizations offer competitions, prizes, scholarships, and internships.</p> <p>JA exposes students to the concepts of economics and free enterprise through hands-on experiences. Students gain skills in economics, personal finance, and the workplace skills.</p>	<p>For complete information on leadership opportunities at your school, ask your school counselor.</p> <p>You can find more information on career and technical student organizations at: http://www.oregonctso.org/.</p> <p>To check out Junior Achievement in Oregon, go to: http://jaorswwa.org/.</p>